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| Mae addysgu a dysgu da yn canolbwyntio’n gyson ar ddibenion cyffredinol y cwricwlwm |
| Mae addysgu a dysgu da yn rhoi her i’r holl ddysgwyr drwy eu hannog i gydnabod pwysigrwydd ymdrechu’n barhaus i gwrdd â disgwyliadau sy’n uchel ond o fewn eu cyrraedd |
| Mae addysgu a dysgu da yn galw am ddefnyddio cymysgedd o ddulliau sy’n cynnwys addysgu uniongyrchol |
| Mae addysgu a dysgu da yn golygu defnyddio cymysgedd o ddulliau gan gynnwys y rheini sy’n hybu sgiliau datrys problemau, sgiliau creadigol a’r gallu i feddwl mewn modd beirniadol |
| Mae addysgu a dysgu da yn golygu gosod tasgau a dewis adnoddau sy’n adeiladu ar wybodaeth a phrofiad blaenorol ac yn ennyn diddordeb |
| Mae addysgu a dysgu da yn creu cyd-destunau dilys ar gyfer dysgu |
| Mae addysgu a dysgu da yn golygu dilyn egwyddorion asesu ar gyfer dysgu  Mae addysgu a dysgu da yn ymestyn oddi mewn ac ar draws Meysydd Dysgu a Phrofiad |
| Drwy addysgu a dysgu da bydd y Cyfrifoldebau Trawsgwricwlaidd, gan gynnwys llythrennedd, rhifedd a chymhwysedd digidol, yn cael eu cryfhau’n gyson a chyfleoedd yn cael eu darparu i’w harfer |
| Mae addysgu a dysgu da yn cymell plant a phobl ifanc i gymryd cyfrifoldeb cynyddol dros eu dysgu eu hunain |
| Mae addysgu a dysgu da yn hybu datblygiad cymdeithasol ac emosiynol a pherthnasoedd cadarnhaol |
| Mae addysgu a dysgu da yn hybu cydweithio |

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| Good teaching and learning maintains a consistent focus on the overall purposes of the curriculum |
| Good teaching and learning challenges all learners by encouraging them to recognise the importance of sustained effort in meeting expectations that are high but achievable for them |
| Good teaching and learning means employing a blend of approaches including direct teaching |
| Good teaching and learning means employing a blend of approaches including those that promote problem solving, creative and critical thinking |
| Good teaching and learning creates authentic contexts for learning |
| Good teaching and learning means employing assessment for learning principles |
| Good teaching and learning ranges within and across Areas of Learning and Experience |
| Good teaching and learning regularly reinforces Cross-Curriculum Responsibilities, including literacy, numeracy and digital competence, and provides opportunities to practise them |
| Good teaching and learning encourages children and young people to take increasing responsibility for their own learning |
| Good teaching and learning supports social and emotional development and positive relationships |
| Good teaching and learning encourages collaboration |
| Good teaching and learning sets tasks and selects resources that build on previous knowledge and experience and engage interest |