



Whether free-range, organic, 'Freedom Food', or factory-reared, the economics of the meat industry mean that farmed animals are treated as mere units of production.

That is why millions of people eat an animal-free diet. That they thrive on it is proof that we don't have to inflict pain on animals and then kill them in order to feed ourselves.

The choice is yours.



Yes, I want to help stop the suffering

- ☐ Please send me your **FREE** vegetarian recipe pack.
- ☐ I enclose a cheque or postal order for £_____ payable to **Animal Aid** to help all your campaigns against animal suffering.

Name:

Address:

.....

.....

Email (to receive our monthly e-news):

Please return this form, with any payment, to **Animal Aid, The Old Chapel, Bradford Street, Tonbridge, Kent, TN9 1AW.** Thank you.

Tel: 01732 364546 Email: info@animalaid.org.uk



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You can help stop the suffering

www.animalaid.org.uk





Animal Aid has filmed undercover in farms throughout the UK

Some farms were randomly chosen. Others were visited because they operated to 'high welfare' standards or they were run by industry leaders. This is what we found:

- At ten pig farms owned or run by directors of the industry's marketing board, we filmed pregnant and nursing sows **incarcerated in narrow metal crates**; dead, sick and dying piglets littering the pens; and animals wading through filth or living in utterly barren environments.
- Freedom Food is the RSPCA's farm assurance and labelling scheme, under which animals are said to be provided with 'a stimulating environment that enables [them] to exhibit their natural behaviour'. However, at a Somerset Freedom Food farm, we found a large number of **lame, starving, dead and dying broiler chickens** inside a vast windowless unit that held 30,000 birds.
- At a Dorset goat farm, **a mother lay dead on the shed floor** with a bullet in her head. Her young kid huddled beside her body. A second shot goat lay alongside the pair. The farm, whose milk and cheese were sold by leading supermarkets, kept all the goats confined all year round – a system known as 'zero grazing'.
- Zero grazing is increasingly common on larger dairy farms. At four such operations, we filmed cows crowded together in the gloom, with evidence of emaciation and disease. At one farm, **two cows and a young calf had been shot and dumped outside**.
- At a Devon farm rearing turkeys for the Christmas market, we filmed inside a barn holding hundreds of birds. Many were covered in muck, and were **feather-pecked and suffered from deformed feet and legs**. Some were so ill that they couldn't raise themselves from the filthy floor. On top of the feed bins lay long-dead birds.



Sheep face different hardships...

The farming press reported that in the spring of 2013 more than 100,000 sheep and lambs died in the freezing conditions and heavy snow that covered the UK countryside, whilst many more faced starvation stranded in fields.

These are examples of why a growing number of people believe that it is wrong to mass-produce, kill and eat animals.

You can see the footage at www.animalaid.org.uk/go/farmingvideos