

# 'CONNECT' HEALTH & WELL-BEING STUDY



## Are you looking to improve pupils' well-being?

We have identified a promising research-informed health and well-being programme called Connect for primary schools. Connect is delivered through termly themes and lessons and is carefully designed to improve primary school pupils' emotional well-being and resilience.

## Why are we inviting schools to work with us?

We are now recruiting schools in North Wales to help us carry out an initial evaluation of Connect in 2022 to explore which training and support model might work best for teachers. The programme will be available in English and Welsh and this is an opportunity for schools to receive FREE training to deliver Connect.

### What's involved for schools?

Key stage 2 teachers in participating classes will receive training to deliver *Connect*, including important information on the design and evidence base for the programme. Pupils will receive *Connect* sessions during the later part of the 2021-22 school year.

### To take part in this study, your school must:

- Be a mainstream primary school in the GwE region interested in improving well-being provision
- Not currently be implementing other whole-school health and well-being curricula and/or interventions

Your school can engage with our Connect project by attending training to deliver an English-language or Welsh-language version of the programme as follows:

### OPTION 1 – English Language version

For more information and/or to enrol your school to be trained to use the English language version of *Connect*, click on the link: <https://forms.office.com/r/TFa2U77rFr>

### OPTION 2 – Welsh language version

For more information and/or to enrol your school to be trained to use the Welsh language version of *Connect*, click on the link: <https://forms.office.com/r/WbB4GKHAcR>

### YOU ARE INVITED TO JOIN A CONNECT INFORMATION SESSION:



11/01/2022



13:30 - 14:15



11/01/2022



15:45 - 16:30

Please contact [richardwatkins@gwegogledd.cymru](mailto:richardwatkins@gwegogledd.cymru) to register and access the Zoom link.



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