

Diploma in Trauma and Mental Health Informed Schools and Communities

Day One	Trauma and mental ill-health. Causation and Healing: three key models	
Day Two	Transformative relational interventions for troubled children/young people	
Day Three	Emotional Pain and the Healing Power of Empathy	
Day Four	Using creative media to help children/teenagers make sense of their lives and the facilitation of structured peer support groups	
Day Five	Supporting children and teenagers to have good mental health and quality of life. (Part one)	
Day Six	Supporting children and teenagers to have good mental health and quality of life (including PSHE for teenagers) (Part two)	
Day Seven	Working with children and teenagers who suffer from depression Working with children and teenagers who suffer from anxiety Self Harm The concept of resilience	
Day Eight	Working with children and teenagers with behaviours that challenge (Part 1) Working with anger. Group Mentoring	
Day Nine	Working with children and teenagers behaviours that challenge (Part 2) Working with children and teenagers with common psychiatric labels Conversations that matter: Racial Trauma and diversity	
Day Ten	Whole school implementation of trauma and mental health informed practices. Supporting parents with mental health informed interventions. Loss and endings.	
Day Eleven	Case presentations/assessments and endings	